



**September Feature**

**TOLKIEN**

*Starring: Nicholas Hoult and Lily Collins*

**Screening Dates/Times**  
September 17th: 5:15pm  
September 18th: Noon  
September 19th: 5:15pm

*The formative years of the orphaned author J.R.R. Tolkien as he finds friendship, love and artistic inspiration among a group of fellow outcasts at school.*

Theater is located on the 23rd floor, South



**FALL FLU SHOTS AT 300SRP**

300 S. Riverside and CHC Wellbeing are making it easy for you to get your flu shot in the convenience of our building!

**Thursday, September 26th  
11:30am - 1:30am  
Conference Room A**



- ✓ Be prepared to show your health insurance card.
- ✓ Complete the consent form online at [noflu.chcw.com](http://noflu.chcw.com)
- ✓ Costs can be paid by cash, check, or credit card by the participant.
- ✓ Questions? Email [300srp@300river.com](mailto:300srp@300river.com)



**U.S Open Tennis Screenings**

September 3rd - September 6th



**Catch U.S. Open Tennis**  
All day, every weekday!



Theater is located on the 23rd floor, South

**"NEW BUILDING POLICY"**

**Waste Management  
Dual-Stream Recycling**



**Stream 1: Paper/Cardboard**

**Desk Side Recycling**

No bag  
or large CLEAR  
bag



**Acceptable Paper Materials**

- |               |                      |                |
|---------------|----------------------|----------------|
| blue prints   | envelopes            | magazines      |
| books         | glossy paper         | manila folders |
| brochures     | hanging file folders | newspapers     |
| cardboard     | folders              | post-its       |
| colored paper | junk mail            | white paper    |

**Stream 2: Cans/Plastic Glass**

**Common Area Recycling**

BLUE bag



**Acceptable Bottle/Can Materials**

- |               |             |   |
|---------------|-------------|---|
| aluminum cans | juice boxes | plastic bottles, tubs, containers #1-5, 7 |
| glass bottles | steel cans  |   |

**South Riverside Building**  
300 South Riverside Plaza  
Chicago, IL 60606  
(312) 676-2500  
[300southriversideplaza.com](http://300southriversideplaza.com)

Rachel Cuyler,  
*General Manager*

Allie Borrego,  
*Assistant General Manager*

Karen Yeatman,  
*Interim Director of Security*

Christine Mild,  
*Property Administrator*

John Gray,  
*Chief Engineer*

Tom Bongiorno  
*Asst. Chief Engineer*

**Lost & Found**

Lost item? Check the Lost & Found boxes at Lobby Security Console or Suite 1980 South, in Management office.

Did you know this newsletter is online? <https://300southriversideplaza.com/portal/documents/>



CELEBRATING  
**25**  
*years*

Chicago Heart Walk  
September | 20 | 21 | 22 | 2019



To register or donate, visit  
[MetroChicagoHeartWalk.org](http://MetroChicagoHeartWalk.org)

## American Heart Association

Life is *why* we walk.

Join this year's Heart Walk in  
Chicago, Oak Brook and Northfield!

September 20: Chicago  
September 21: Oak Brook  
September 22: Northfield



## FRIDAY LOUNGE SOCIAL



September 20th  
11:30a-1:30p

Featuring:

Live music by **Patrick Martin**  
&  
Sweet Treats by **Sugar Bliss**



Please join us for more Friday Lounge Social in September!  
Stop down during your mid-day break to socialize and  
enjoy live music in our beautiful East River Lounge!



**ALL TENANT EVENT**  
**October 3rd**  
**4:00-5:00pm**

Join us in Little Toasted for:

- Pretzels
- Beer
- Polka Band
- & Fun!



## SAVE THE DATE Annual Full-Building Fire Drill

**WEDNESDAY, October 30th**  
**9:00am until completion**

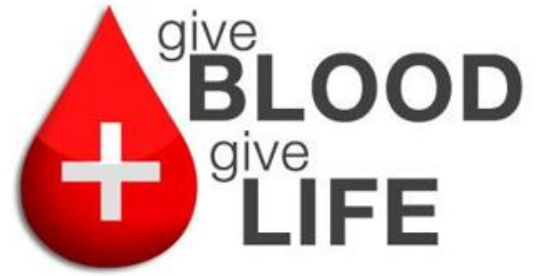
Training for Tenant Emergency Teams:

**TUESDAY, October 29th**  
**10:00am & 1:30pm**

# Upcoming 2019 Events

## EMERGENCY BLOOD DRIVE

**Monday, September 30th**  
**11:00am-3:00pm**  
**Conference Room A, 23rd floor**



For an appointment, please visit:  
[www.redcrossblood.org](http://www.redcrossblood.org)

### REMINDER:

- Eat a healthy meal
- Drink an extra 16oz of fluids before donation
- Bring a photo ID or your blood donor card

*Not all heroes wear capes.*



**American  
Red Cross**

Celebrate Red Cross Month.  
Be a hero and donate today!



## LET'S LIGHT UP 300SRP!

*See our monument sign with the below colors  
this month!*

With the addition of our new North Entry, we are excited to participate in BOMA's Illuminate Chicago lighting program!



### **Labor Day**

Aug. 30th - Sept. 3rd

### **National Recovery Month**

Sept. 4th - 7th

### **Remembering Chicago's Fallen Police Officers**

Sept. 8th - Sept. 11th

### **Teal Lights Campaign**

Sept. 13th - Sept. 16th

### **Childhood Cancer Awareness**

Sept. 22nd - Sept. 28th