



300 South Riverside is proud to follow BOMA's Illuminate Chicago Program, an initiative that raises awareness for causes, organizations and local initiatives.

We will illuminate the building's North Entry with the below colors this month!

### World Autism Awareness Day - April 2nd

300 South Riverside Plaza is helping increase the understanding and acceptance of Autism by participating in Autism Speaks' campaign, "Light it up Blue". The building's North Entry light will be illuminated with the campaign's signature color, BLUE on April 2nd.

You can participate by wearing blue on April 2nd or by helping make Autism trend on social media using #LightitupBlue



### Earth Week 2021 April 18th - April 24th GREEN



The first Earth Day was celebrated on April 22nd, 1970. Did you know, Earth Day originated in the US, but became recognized worldwide by 1990.



### National Work Zone Awareness Week April 26th - April 30th ORANGE



# April 22nd

## Have a GREEN DAY with 300SRP!

### Seed Capsules.

Join us in the morning to receive Seed Capsules. Give back to Mother Earth with Seed Capsules made from a mix of annual and perennial wildflower seeds and 100% post consumer/recycled paper. Pick up a packet on your way into the office and bring it home to watch new growth in your own backyard. Just throw and grow!

Morning  
8:00am - 10:00am

North & South  
Lobby Turnstiles

### Virtual ESD presentation.

Environmental Systems Design (ESD) will be hosting a 30-minute Webinar to communicate building best practices and provide tips you can do to make your space greener. For more information, please email [300SRP@300river.com](mailto:300SRP@300river.com). Invite to come closer to event.

Afternoon  
12:00pm

Virtual ESD  
presentation

### Show your building badge to redeem a free\* pint of Sierra Nevada beer.

Sierra Nevada's Mills River brewery became the first production brewery in the U.S. to achieve LEED Platinum certification. Learn more about LEED Platinum certification under the Building Updates page of this newsletter. Find out more on Sierra Nevada's own sustainability initiative on their website: <https://sierranevada.com/about/sustainability/>

Night  
3:00pm - 5:00pm

Little Toasted

\*One per tenant

### Lost & Found

Lost item? Check the Lost & Found boxes at Lobby Security Console or Suite 1980 South, in Management office.

Did you know this newsletter is online? <https://300southriversideplaza.com/portal/documents/>

## Get To Know 300 Staff

**Rachel Cuyler**  
Vice President, General Manger

### How long have you been at 300 South Riverside Plaza?

I've been at 300SRP for 5 and a half years.

### When you aren't working what do you enjoy doing?

Outside of work I enjoy spending time with my family, powerlifting, and traveling, when possible.

### What is the best piece of advice you have ever been given?

Embrace failure. Failure can teach you in some ways success never can.

### What is your favorite thing about working at 300SRP?

The opportunity and ability to work with so many different people and groups to make 300SRP everyone's "2nd home."



### What is LEED Gold?

300 South Riverside Plaza is committed to the environment and has employed cutting-edge sustainability measures. As a result, the property is has achieved LEED Gold certification in 2014 and recertification in 2017.

LEED (Leadership in Energy & Environmental Design) is the most widely used green building rating system.



To achieve Gold, a building must show they are best in class in the following categories:

- **Sustainable Site** - Alternative Commute Options and Stormwater Control
- **Water Efficiency** - Low flow plumbing fixtures
- **Energy and Atmosphere** - An efficient Building Automation System
- **Materials and Resources** - Sustainable Purchasing
- **Indoor Environmental Quality** - Best Management Practices of Indoor/Outdoor Air Quality and Reduced Particulates in Air Distribution
- **Innovation in Operations** - Green Cleaning and Education
- **Regional Priority Credits** - Exterior Habitat Protection



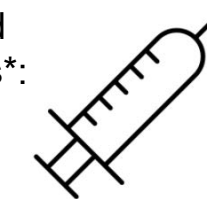
### How to Have a GREENER Earth Day!

1. Avoid plastic disposables by using a reusable water bottle, bring your own bags to the grocery store, and using plastic reusable straws.
2. Volunteer to clean up a local park, the beach, or alongside the roads.
3. Plant a Tree. Planting a tree is an easy way to remove carbon dioxide from the atmosphere, and a great way to counter deforestation.
4. Eat local. This is a great way to support local farmers and small businesses in your community.
5. Recycle what you can. Recycling is one of the easiest and best Earth Day tips. Plus, it is a great way to help the environment .
6. Unplug your devices. Devices left plugged in, even when turned off, still consume power. Try unplugging your devices once fully charged.

### Did You Schedule Your Covid-19 Vaccine Appointment?

The city of Chicago has provided vaccines to the following locations\*:

- Walgreens
- CVS Pharmacy
- United Center
- Mariano's
- Walmart
- Jewel Osco



- Costco Pharmacy (Lincoln Park)
- Costco Pharmacy (Medical District)

\*This list is provided only as a convenience. This is not a complete list of vaccination sites.

For more information, visit Chicago's site:  
<https://www.chicago.gov/city/en/sites/covid19-vaccine/home.html>



### MLB Home Opener!



To kick off the 2021 MLB season; log onto BuildingHub and complete a Cubs/Sox themed word search for a chance to win prizes during the week of April 5th. Send completed word search to [300SRP@300river.com](mailto:300SRP@300river.com)



**Cubs vs. Pirates**  
April 1st, 2021 @ 1:20pm

**White Sox vs. Royals**  
April 8th, 2021 @ 3:10pm



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<https://hub.300southriversideplaza.com/hub>

John Gray, Chief Engineer

Tom Bongiorno, Asst.Chief Engineer

Phillip Ziyad, Director of Security

Anne Kaberna, Tenant Services Representative

Rachel Cuyler, General Manager

Allie Borrego, Assistant General Manager

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