

300SRP NEWSLETTER

April 2023

Movie of the Month

Based on a true story, Rescued By Ruby follows state trooper, Dan, who dreams of joining the K-9 search and rescue team of the state police. He hasn't been very successful, that is, until he befriends a shelter dog named Ruby.

Screening Times

Tuesday 4/25 @ 12:00pm

Wednesday 4/26 @ 5:00pm

Thursday 4/27 @ 12:00pm



300 S Riverside Plaza is certified LEED Gold recognizing the building's achievements in sustainable operations. We hope that you join us this Earth Week, April 16th - April 22nd, to celebrate this achievement and reflect on our environmental impact. The building has an exciting repertoire of programming which we look forward to sharing with you in the coming weeks!





JOIN WHILE IT'S FREE!

Don't have a membership? Sign up today! Memberships are currently FREE with the promo code **300Free**.

Just visit [BuildingHub](#) to create a FitnessHub subscription and enter the promo code by clicking the green "coupon" icon when prompted for payment. Please ensure that a credit card has been added to the wallet of your profile first, in order to be successful in the registration process. Email 300srp@300river.com with any questions or concerns.

Did you know that managing stress is an essential component of a healthy lifestyle? Stress can have negative effects on your overall health. Try these tips below to cope whenever you feel stressed!

- Take breaks to unwind
- Find ways to connect with family & friends
- Move your body
- Treat yourself to healthy foods and plenty of rest

To learn more click the link [here](#).



Building Team

Celeste Villanueva, General Manager
Tom Bongiorno, Chief Engineer
Henry Miller, Assistant Chief Engineer
Najjila Brooks, Real Estate Services Coordinator
Esperanza Escalante, Security Director

Management Hours

8:00 AM - 5:00 PM
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