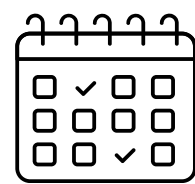
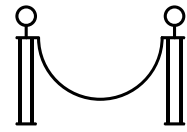




Local Events Corner



Chicago Theatre Week 2024: Chicago Theatre Week will take place from February 8th - February 18th.



Lunar New Year Parade: The Lunar New Year celebration will occur from 1pm-3pm on Sunday, February 18th in Chinatown. Visitors can stop by 2301 S Wentworth to enjoy the parade and pick up red gift envelopes.



Chicago Auto Show 2024: The Chicago Auto Show will be held from February 10th - February 19th. Tickets can be purchased at ChicagoAutoShow.com.



Building Team

Celeste Villanueva, General Manager
Ben George, Real Estate Manager
Cathy Vila-Pereira, Assistant Real Estate Manager
Najjila Brooks, Real Estate Services Coordinator
Tom Bongiorno, Chief Engineer
Henry Miller, Assistant Chief Engineer
Esperanza Escalante, Security Director

Management Hours

8:00 AM - 5:00 PM
Monday - Friday
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FEBRUARY 2024

300SRP NEWSLETTER

Valentine's Day Treat!

Wednesday, February 14th
8:00 AM - 10:00AM

Valentine's Day sweets will be passed out in the lobby @ 8am on 2/14. Treat yourself to a delightful confection from Mr. Kite's The Chocolate Shop!



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American Heart Month

February is American Heart Month and the time where everyone, especially women, are encouraged to focus on their cardiovascular health.

300SRP will proudly illuminate the North entry monument sign Red for the entire month of February as we continue to support the American Heart Association and their fight to raise awareness as well as reduce deaths that are caused by heart disease and stroke.



About Heart Disease in Women

Women endure unique life experiences such as pregnancy and menopause that can increase their risk of developing cardiovascular disease (CVD). CVD is the #1 killer in women, resulting in 1 of 3 deaths annually. In most cases, about 80% of cardiac and stroke events can be prevented through education and lifestyle changes.



Recognize Symptoms of Heart Attack and Stroke

Symptoms of heart attack and stroke can vary in women and men. Learn some of the following symptoms that can present themselves in both:

Heart Attack

- DISCOMFORT IN CHEST
- DISCOMFORT IN OTHER UPPER AREAS OF THE BODY SUCH AS NECK, ARMS, JAW.
- SHORTNESS OF BREATH
- COLD SWEATS
- LIGHTHEADEDNESS
- NAUSEA



Stroke

- FACE NUMB OR DROOPING
- WEAKNESS IN ARMS
- SLURRED SPEECH
- CONFUSION
- LOSS OF VISION
- TROUBLE WITH MOBILITY
- SEVERE HEADACHE

Black History Month

February 1st is the start of Black History Month. An annual observance in the United States of America, honoring the important people and events throughout the history of the African diaspora. The origins of Black History Month began with a week long celebration initiated by Carter G. Woodson in 1926 and nearly 100 years later, we continue to celebrate the history of African Americans. More recently, Black History Month has also been observed in Ireland and the United Kingdom.

From February 1st - March 1st, 300SRP will be highlighting different historical figures on our bulletin TV's, located across from the lobby security console and at the north high-rise elevator turnstiles. Every Wednesday and Friday, read about the impact these individuals made and how generations to follow benefitted.

Celebrate
Black
HISTORY
month