



# YOGA AT 300 SOUTH RIVERSIDE PLAZA!

In a continued partnership with Bare Feet Yoga, we have recently begun offering an additional yoga class for the convenience of our fitness center members. Yoga is not only beneficial for your physical health, but has also been known to improve mental and emotional wellness.

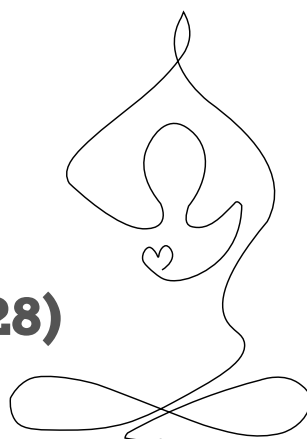
Whether you need a break or quick stretch, stop by the fitness center to attend a yoga class during the times offered below:



**-Every Tuesday @ 12PM**

**-Every Thursday @ 1PM (through 03/28)**

Located in 23rd FL Fitness Center



## Building Team

Celeste Villanueva, General Manager

Ben George, Real Estate Manager

Cathy Vila-Pereira, Assistant Real Estate Manager

Najjila Brooks, Real Estate Services Coordinator

Tom Bongiorno, Chief Engineer

Henry Miller, Assistant Chief Engineer

Esperanza Escalante, Security Director

## Management Hours

8:00 AM - 5:00 PM

Monday - Friday

300 S. Riverside Plaza, Suite 1980

Chicago, IL 60606

(312) 676-2500

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@300sriverside




<https://hub.300southriversideplaza.com>



MARCH 2024

# 300SRP NEWSLETTER

**St. Patrick's Day**   
**Treat Giveaway.**  
Visit us in the lobby to enjoy a complimentary treat in celebration of St. Patrick's Day!



**Thursday, March 14th**



*Feeling Lucky? During the giveaway, you can also guess the number of gold coins in the jar for a chance to be featured on our social media!*



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# Women's History Month

**Women's History Month** is observed annually in **March** to highlight the contributions of women throughout history and modern-day society. Though much has been accomplished thus far, there is still a lot of work to do. This is why **International Women's Day** is globally celebrated each year on **March 8th** with the goal to fight for gender equality, reproductive rights, and violence/abuse against women. Visit the following link for ways you can celebrate Women's History Months in your neighborhood:



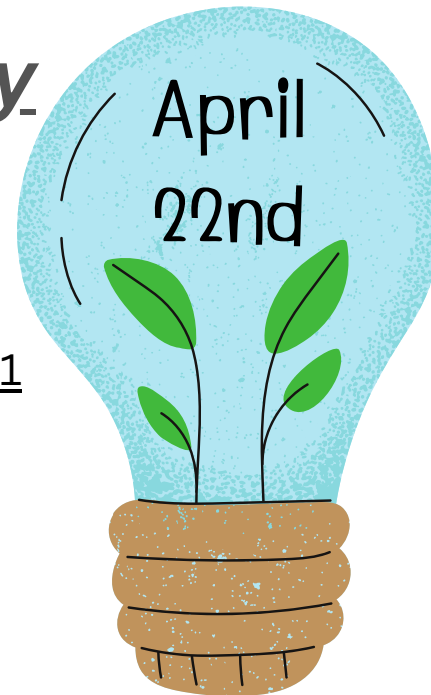
[Women's History Month - Chicago Events](#)

## Month Look Ahead - Earth Day

As Earth Day nears, we encourage tenants to sign up for Energy Star.

**Link:** [portfoliomanager.energystar.gov/pm/login?e=401](https://portfoliomanager.energystar.gov/pm/login?e=401)

Through Energy Star, you can track your kWh usage to reduce energy consumption and improve the environment for generations to come.



## BOMA ILLUMINATE CHICAGO

300 South Riverside Plaza is a proud participant of the BOMA Illuminate Chicago Lighting Program. This programs allows pre-approved lighting requests to brighten the city in an effort to provide support and raise awareness for different causes, initiatives, and organizations.

We will light the Jackson St. north entry monument with the below colors in support of each cause!



**International Women's Day**  
March 1st - March 10th  
Orange/Purple

**MS Awareness Week**  
March 11th - March 16th  
Orange



**St. Patty's Day**  
March 17th  
Green

**Colorectal Cancer Awareness**  
March 18th - March 24th  
Blue



## 2024 NCAA MARCH MADNESS

Beginning March 19th, tenants at 300SRP can watch the 2024 Men's & Women's NCAA March Madness Tournament from the comfort of the building's Tenant Lounge, located in the main lobby.

